

SHORT BIO

Deon Brown is a Licensed Clinical Therapist in Maryland, and in the District Of Columbia. He has provided Mental Health services to teens, adults, and couples for over 15 years. He is a Self-Care Expert, Founder of DJB Therapeutic Solutions, and Best Selling Author of “Non-Negotiable Self Care”. Consequently, Deon Brown Specializes in working with individuals, Professionals, Leaders, Companies, Staff Members , as well as Church’s to improve their Self-Care, through teaching Practical Tools, and Tips. In addition , The integration of Mental Health, Community, and Spirituality is also a key area of his focus. As a result, he is well sought after speaker, and presenter on a variety of topics related f Mental Health, and Wellness for special days, conferences, summits, retreats, etc.